



2014/2015 Annual Report



The
Etobicoke
Children's
Centre

From the President and Executive Director

The last year was an amazing one. And that is due, in large part, to you. Our amazing donors, supporters and funders have all helped us in our mission to improve the lives of children, and each one of you have a stake in our work.

There has been so much excellent work accomplished by staff in many areas of need. From our professional staff, to our administrative team – everyone came together to create a lasting impact. Our clients and community partners tell us that THE ECC is making a difference in children's lives.

Further, our Board of Directors is committed to its role of governance and is also very supportive and aware of the work that is accomplished by staff. They are thrilled by what has been able to be accomplished within limited resources and which has advance our strategic plan.

This amazing work cannot be done without the generous support of MCYS, MCC, the City of Toronto and our donors. This allows us to work more effectively and gives The ECC the power to examine the work in greater detail so that we can continually improve. We are committed to Continuous Quality Improvement and in this last year received a grant from the Centre of Excellence to begin our work on Performance Measurement. We know we do great work, now we are going to find a way to measure and show it!

We are also thrilled that we have now opened our Walk In Services located at Rexdale. Our staff have worked very hard to make this vision come true so that clients can receive service when they need it. But, we still need you!

We have made great strides, but our community needs to come together to create positive, lasting impact for the children in our community. Each of us has the opportunity to lead from where we stand – and I urge you all to get involved with this wonderful work.

You will be energized and won't be disappointed.

Omair Hamid
President

Ewa Deszynski
Executive Director



Mental Health Services



Intake

During the Intake process, we collect basic information to identify the best service for you or your child, and to help start a well-informed service/treatment plan. We also use this information to establish possible beginning goals and to measure progress and outcomes during and at the end of service.



Consultation & Counselling

The ECC Child and Family Therapists are professionals who are knowledgeable about child and youth development, mental health, trauma, behavior management, parenting practices and child and family relationships. Child and Family Therapists are trained and skilled in a number of evidence informed counselling methods.

The Child Care Consultation Program staff offer consultation and workshops to licensed children care providers in the City of Toronto. Service are individualized to the needs of children in child care so that they are able to be successful in those settings.



Intensive Services

In some cases, the most beneficial approach for a child dealing with complex or significant mental health issues involves participation in a more intensive program. We offer the Day School Milieu Treatment Program (DSMTP) for those children whose academic needs cannot be met due to a mental health issue. We offer this program through a Section 23 arrangement with the Toronto District School Board.

We also offer Intensive Service Support to children and families where an outpatient counselling service is not sufficient. These intensive services are available in the home or community and are designed to support families where the service needs are more complex.



With the support of his therapist, our child can now manage his anxiety. He goes out, he feels goof about himself and doesn't constantly feel threatened.



Autism Services

The Etobicoke Children's Centre offers specialized programs tailored to the needs of children with autism. With Surrey Place Centre as the lead agency, The ECC offers these services in partnership with Aisling Discoveries Child and Family Centre, Adventure Place Child and Family Centre, Geneva Centre for Autism and/or Surrey Place Centre.

- Toronto Partnership for Autism Services (TPAS) Intensive Behavioural Intervention (IBI)
- Toronto Autism – Applied Behavioural Analysis (Toronto - ABA)



Group Services

The ECC offers a number of different groups for children/youth and their families. For more information, please click on the group below:

- Mindfulness Based Stress Reduction for Parents and Children
- Problem Solving Together: A Parenting Group
- Attachment for Parents
- Friends For Life
- Fun Friends
- Ready Set Go



Trauma Services

The West End Services for Abuse and Trauma WESAT is a non-profit, inter-agency collaborative program that facilitates the provision of evidence-based and evidence-informed assessment and treatment services for children, youth and female adult survivors of abuse or trauma. Support groups are also available for Teen Girls. Adult Survivor Services are provided in collaboration with Family Service Toronto and Parkdale Community Health Care Centre

The Etobicoke Children's Centre

Statements of revenues and expenses
Year ended March 31, 2015

2015

2014

Operating Fund

Reserve Fund

Total

Total

Revenues

Government Grants

Ministry of Children and Youth Services

General Funding

\$4, 114, 025

-

\$4, 114, 025

\$4, 032, 133

Agency Funding

\$777, 308

-

\$777, 308

\$834, 767

Ministry of Community and Social Services

General Funding

\$71, 582

-

\$71, 582

\$71, 678

City of Toronto

General Funding

\$311, 929

-

\$311, 929

\$295, 282

Agency Funding

\$94, 294

-

\$94, 294

\$95, 969

Project grants and contracts

\$184, 681

-

\$184, 681

\$14, 873

Donations

-

\$19, 098

\$19, 098

\$8, 613

Interest

-

\$3, 436

\$3, 436

\$5, 736

Rent and other income

\$2, 592

-

\$2, 592

\$3, 171

\$5, 556, 411

\$ 22, 534

\$5, 578, 945

\$5, 362, 222

Expenses

Salaries and wages

\$3, 782, 744

-

\$3, 782, 744

\$3, 638, 412

Employee benefits

Statutory

\$300, 753

-

\$300, 753

\$299, 983

Non-statutory

\$321, 415

-

\$321, 415

\$334, 306

Transportation & communication

\$53, 090

\$29

\$53, 119

\$55, 778

Purchased services

Client

\$362, 055

-

\$362, 055

\$299, 855

Non-client

\$372, 918

\$11, 447

\$384, 365

\$298, 942

Rent & building services

\$192, 921

-

\$192, 921

\$205, 795

Supplies

Program

\$61, 701

\$3, 587

\$65, 288

\$122, 027

Other

\$86, 179

\$2, 470

\$88, 649

\$114, 467

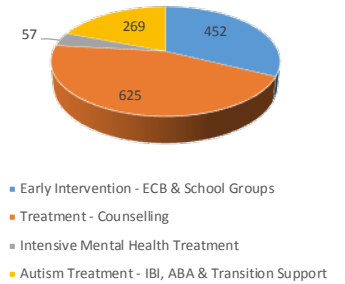
\$5, 533, 776

\$17, 533

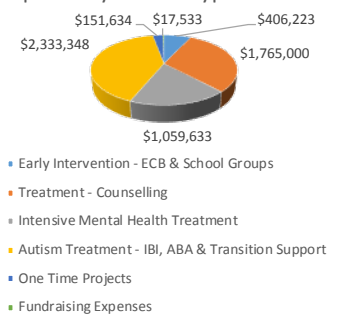
\$5, 551, 309

\$5, 369, 565

Number of Clients Served 2014-15



Expense by Service Type 2014-15



Staff and Board of Directors

The Etobicoke Children's Centre wishes to gratefully acknowledge the significant effort of the Board of Directors in the past year.

Omar Hamid, **President**
Janet Miliaris, **Past Board Chair**
Donna Bain, **Secretary**
Pat Varcoe, **Treasurer**
Brad Archer
Alexander Benedet
Jennifer Davis
Jeremy DeStefanis
Lubaina Fidaali
David Guiney
Taylor Martin
Jeff Niehaus

Thank you and support

The Etobicoke Children's Centre wishes to gratefully acknowledge contributions from the following organizations. Our core funding is provided by:



The Etobicoke Children's Centre wishes to gratefully acknowledge the dedication and hardwork of the Centre's Staff, Consultants, Students, Volunteers and Teachers.

Akshay Rajaram, **Aleysa Cournage**, Amy Finkelstein, **Amy Podolak**, Andrea Del Vecchio, **Andrea Nowosad**, Anne Hales, **Ashiya Desai**, Assunta Albanese-Manca, **Bea Harris**, Charmaine Dixon, **Christa Wigglesworth**, Christine Morrissette, **Christine White**, Courtney Phillips, **Crystal Mathers**, Denise Palermo, **Desiree Abreu**, Diana Da Conceição, **Elaine Ho**, Emily Zaltz, **Erica LaFramboise**, Ewa Deszynski, **Faiza Haq**, Felicita Martinez, **Fiona Cuesta**, Gagan Saini, **Ira Jurevics**, Jade Gardiner, **Janeise Edwards**, Joanne Van Draanen, **Judy Stephens**, Julia Bischoff, **Karen Burrows**, Kate Kolyn, **Kathleen Molina**, Katie Isbister, **Kelly McCallum**, Kimberly Brown, **Krista Prednergast**, Kyra Widawski, **Laura Venditti**, Laurel Choat, **Leah Cohen**, Maeghan Mott, **Marc Tellez**, Margaret Munene, **Marietta Nuyens**, Mary Ann DiPaolo, **Michelle Bagnoli**, Michelle Tabakis, **Nancy Long**, Nathalia Monteiro, **Paul Chalmers**, Pearl Lee, **Purnima Sharma**, Rhona Cogan, **Richard Harnum**, Rita Lynham, **Robert Taverner**, Rochelle Allen, **Saira Sherazi**, Sandra McCallum, **Shamsa Iqbal**, Sheela Rajaram, **Sheri Robb**, Tanny Obi, **Tanoon Fraser**, Tope Famutini, **Tracy Aznar**, Vanessa Horne

Mission

The ECC improves child, youth and family wellbeing by providing effective community based mental health and developmental services

Vision

Children, youth and their families succeeding in their daily lives.

Core Values

“KIDS DO WELL IF THEY CAN!” - *Dr. Ross Greene*

All individuals have strengths and are capable of learning, adapting and growing.

- Family, friends and communities are important to children and youth and are essential sources of support and strength.
- Children and youth need good role models who demonstrate commitment, acceptance, nurturance, quality care and consistency in their parenting practises.
- Diversity strengthens and improves lives.
- Challenges are a normal part of life.
- Abuse, harassment, intimidation, violence and bullying are not acceptable.
- Everyone is responsible for their actions and is capable of taking steps to improve upon mistakes.

The ECC commits to:

- Non-judgmental, respectful approaches which demonstrate integrity and compassion. These are key to developing trusting and healthy relationships.
- Approaches and practices that are individualized, coordinated, collaborative and integrated.
- Involving children, youth and families in service planning and service decisions.
- Best practices that are timely, responsive, evidence informed, knowledgeable, ethical and effective.
- Striving for outcomes that achievable.
- Reviewing, monitoring and evaluating its services.
- Communicating regularly.
- Seeking and providing feedback.
- Sharing its knowledge and resources.
- Collaborating with service and community partners so that services are integrated and coordinated.

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