

# CHARLANDU JOULANNUAL REPORT J 2018-20

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griffin centre EVERYBODY COUNTS

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Griffin Centre is an accredited, charitable, multi-service, mental health agency providing flexible and accessible services to children, youth, transitional-aged youth, adults and their families.

Since 1975. Griffin Centre has been delivering services to people who thought their needs didn't count. We continue to expand our programs and services to respond to the changing and emerging needs of diverse individuals in our community. We help them find solutions to their challenges.

Griffin Centre's programs and services are primarily funded by the Ministry of Children, Community and Social Services and the Ministry of Health.

We offer a range of professional services including: assessment, service coordination and planning, individual, family and group counselling, specialized day/residential services and respite services.

We are committed to fostering positive change and a culture of respect, acceptance and safety for youth and adults with challenging needs so that they have a place to belong. opportunities to build skills. confidence and connections to make the transition to a satisfying life.

We work in partnership with other organizations to assist or support individuals whose needs exceed the capacity of the service system.

We help over 8,500 people each year to recognize their strengths, achieve their goals and improve their lives.

We are committed to integrity and accountability in all aspects of our work.

Our strength is our staff and our diversity.

We nurture continuous learning, encourage leadership and value the contribution of staff, volunteers and supporters.

#### our vision

Enhanced lives and communities for individuals with complex needs.

#### our mission

Griffin Centre provides services to children, youth, transitional-aged youth, adults and their families with complex needs (i.e. mental health challenges and/or developmental disabilities). We deliver responsive services and develop innovative partnerships that build capacity and offer hope for the future.

## our approach

We are open to feedback from others to strengthen and educate ourselves, increase our understanding and support our working relationships.

We develop meaningful connections with our clients and ensure that the agency's values are reflected in our day-to-day practices.

#### Our approach is:

- CLIENT-CENTRED
- STRENGTHS-BASED
- FLEXIBILITY
- COLLABORATION
- LEARNING

### our values

At Griffin Centre, we believe that EVERYBODY COUNTS. The values of the agency reflect the philosophy and beliefs of our organization. They drive our decisions and our actions and how we interact with each other within the agency and externally. Our services are based on the following core values.

compassion

We genuinely care about our clients and demonstrate empathy for others.

equity

We recognize equity in our relationships and in delivering services which are inclusive of the unique needs of our clients.

2

3

dignity

We value each other and those we serve as unique individuals with the right to be respected and accepted regardless of life experiences, backgrounds or challenges.

integrity

We adhere to ethical professional standards by representing the agency's values and honouring the commitments we make.

4

5 accountability

We are stewards of the resources provided to the agency, the services we provide and the decisions we make.



#### YOUTH/FAMILY SUPPORT SERVICES (YFSS):

Support for youth (12 to 18 years) and families dealing with conflicts and concerns at home, in school or in the community. For youth with emotional or mental health challenges which may be accompanied by a mild developmental disability.

#### COMMUNITY CONNECTIONS:

A range of outreach, partnership and counselling services to support individuals (12 to 30 years) and families dealing with conflicts at home, in school or in the community. For individuals with emotional or mental health challenges which may be accompanied by a developmental disability. For individuals with developmental disabilities (16 years and up), who identify as LGBTQ and are experiencing challenges in the community.

#### DAY/SCHOOL SUPPORT SERVICES (DSSS):

A therapeutic program with an individualized academic component for youth (12 to 18 years) whose needs exceed the capacity of the school system (i.e., youth with substance use concerns, developmental disabilities, and mental health challenges or youth with a dual diagnosis (mild-moderate developmental disability and mental health challenges) who may also have challenging behaviours.

#### RESIDENTIAL SUPPORT SERVICES (RSS):

Our RSS services have been integrated now – in addition to youth residences, we operate 2 specialized residential treatment programs for adults with developmental disabilities and complex needs.

#### TRANSITIONAL SUPPORT SERVICES (TSS):

Crisis, transitional and treatment supports to assist adults (16 years or older) with a dual diagnosis (i.e., developmental disability and mental health challenges) and their families to transition successfully into increased independence in the community.

#### **FUNDRAISING:**

Over 8,500 people a year directly benefit from Griffin Centre's programs and services. We rely on your contributions to continue our commitment to enriching the lives of the people we serve. With your support, we can reach more people and create more opportunities for youth and adults with mental health challenges and/or developmental disabilities.

We run a number of events throughout the year which enable us to raise much needed funds and awareness. If you are interested in attending or sponsoring an event, want to learn more about Griffin Centre or would like to partner with us to run a third party event, we would like to hear from you.

For more information visit us at www.griffincentre.org or contact us at contact@griffincentre.org or (416) 222-1153.

### Our Past

Griffin Centre was established in 1975 to fill a gap in mental health services for adolescents in the borough of North York in the City of Toronto. The Centre was incorporated as "The North York Centre for Youth Services"

The initial budget for the agency was about \$150,000. The Centre grew rapidly and steadily in its first six years, with the staff complement increasing from two to approximately seventy full-time positions.

In 1983, the agency was officially renamed the "J. D. Griffin Adolescent Centre," in honour of Dr. Jack D. Griffin, one of the Canada's most distinguished leaders in the field of mental health.

At this time, at the request of the Ministry, the Centre assumed responsibility for the delivery of counselling, day treatment and residential services for youth with a dual diagnosis (i.e., developmental disability and mental health concerns) who were not being well-served in the system. This request resulted in the agency establishing an area of specialization in serving youth with a dual diagnosis across the City of Toronto.

Following a period of significant growth and diversification resulting in the creation of the Griffin Community Support Network providing services to adults with a dual diagnosis including autism, the expansion of our intensive day and residential programs, the initiation of a residential and care and treatment program for youth with autism, the development of our reachOUT services and the extension of our counselling services, the agency formally changed its name to Griffin Centre Mental Health Services.

Wherever possible, new services have been added to the agency which build upon the Centre's knowledge and enhance the continuum of supports and services provided by the agency.

Today, we have grown to a budget of \$20M and 235 staff. Griffin Centre is a vital organization serving children, youth and adults with mental health challenges and/or developmental disabilities and their families, who need help in dealing with a range of mental health challenges and concerns at home, at school and in the community, who live in the City of Toronto.

We are proud of our roots and of our journey to become an agency that delivers on its promise and is respected for its commitment to those we serve.

Our work is not possible without the passion and commitment to service excellence which our staff bring to their work every day, the guidance and leadership provided by our Board of Directors, the trust and ongoing support provided by our funders, the support of our donors over many years and through many events and the collaboration we have enjoyed with our service provider partners across the system.

## A Heartfelt Thank You

The Webster's Dictionary defines "thank you" as a "polite expression of one's gratitude". After 45 years, where do we begin to "thank you" for your support of and contribution to Griffin Centre. A simple thank you does not adequately describe the feeling that we have for our dedicated staff, donors, our Board of Directors, our service provider partners; all of whom have stood beside us through the ups and downs, the challenges and the accomplishments which we have achieved together.

Thank you for your steadfast support. It has been and is greatly appreciated.



Barbara Macdonald, Chief Executive Officer

Erin Boudreau, Chair, Board of Directors



### Our Future

As you know, Griffin Centre has been involved in amalgamation discussions with Adventure Place, The Etobicoke Children's Centre and Skylark Children Youth and Families which formally took place on April 1, 2020.

This has been in excess of a year long "labour of love" by the four Executive Directors/ Chief Executive Officers and their respective Boards of Directors as we have attempted to build a strong new agency, with a continuing commitment to service excellence and the opportunity to influence future planning and systemwide decision-making. Throughout our focus has been on those we serve.

This is an organization which will have so much promise – opportunities for clients to experience seamless services given the continuum of service offered currently by the four agencies. Opportunities for staff to increase their knowledge and skill sets and assume increasingly responsible positions in a much bigger organization. Opportunities for our service provider partners and funders to work with an organization with sufficient client and back office bench strength to make things happen in a timely manner.



Griffin Centre Mental Health Services is proud of all our accomplishments over the last 45 years. Please join us in reflecting on our key milestones, in celebrating our growth, in delivering services to many children, youth, transitional-aged youth, adults and their families and in providing individuals with hope for a better future.



**1970**'s

- We first opened our doors in 1975 as North York Centre for Youth and Families.
- Served youth (12 to 18 years of age) with mental health needs who resided in Toronto.
- Funded by the Ministry of Health.

1980's

- Name was changed to J. D. Griffin Adolescent Centre in honour of a psychiatrist who spearheaded changes in how we work with children and adolescents.
- The Centre assumed responsibility for "hard to serve" youth (12 to 18 years of age) with a dual diagnosis who were falling through the cracks in the system and resided in Toronto.
- We opened 2 residential treatment programs on the grounds of Thistletown Regional Centre and a number of day treatment
- programs funded by the Ministry including HYTS, a day program aimed at youth who were at risk due to mental health needs and substance use.
- All services were directed to serving youth with complex needs and challenging behaviours.





## Thank You for 35 Years of Service

We are pleased to honour our dedicated employees who work tirelessly to support individuals and families. They provide innovative and creative service approaches that are individualized to each person's needs. They work diligently to help them find solutions which improve family relationships and quality of life.

In 2018 and 2019 we celebrate a number of our staff members who have worked so hard during their employment with Griffin Centre to provide hope to youth, young adults, adults and their families by making a real difference in their lives.

2018

25 YEARS

Pally K.

20 YEARS

Bill G.

Kareen P.

Mark H.

2019

35 YEARS

Ber T.

**30 YEARS** 

Melissa G.

25 YEARS

David C.

20 YEARS

Michael K.

Bev Thompson has been at the heart of youth residential services for many years. From her work as a residential support worker, to her many years as a coordinator, and her more recent step into filling the gap as the PATH residential supervisor. Up until 17 years ago, the Centre only had 2 residential programs. Both programs were situated on the grounds of the former Thistletown Regional Centre. During her days as the residential coordinator, Bev held the responsibility of coordinating both programs. Bev steadily and thoughtfully led staff teams through supporting many young people, working through a variety of complex issues. Bev embodies the values of Griffin Centre to her very core. She works with a high level of integrity, objectivity, and honesty that shines through in all that she does.

When the Ministry announced the closure of Thistletown Regional Centre in 2012, Bev was instrumental in the visioning, planning, and implementation of moving both into their local communities. There were many bumps in the road, but Bev's level-headedness and thoughtful nature helped staff teams and clients alike adjust to the changes.

Bev has consistently, and tirelessly, given voice to people of colour (both those receiving services and her staff). From the years when diversity was a very new discussion at the agency, to today when discussions of diversity and equity have become more intertwined in our ongoing discussions, she does not shy away from bringing issues forward, both through direct working relationships, and in broader ways. Her AR/AO lens has helped to push many of the discussions at a residential level which impact how we go about service delivery, as well as how we think about supporting our colleagues.

Thank you Bev, for your dedication and commitment to Griffin Centre and the clients we serve.



Step into any one of Griffin Centre's programs and you will see consultants working closely with individual clients, staff, teams and families to identify strategies, build strength, and find solutions.

Griffin Centre collaborates with various consultants who provide professional and expert advice in the areas of; psychology, psychiatry, expressive art therapy, occupational therapy, speech therapy, behavior therapy, staff training, diversity, equity and inclusive practices, trauma and sexualized behaviours.

Having such skilled and dedicated consultants supports the Centre in offering our clients with the best possible care as well as supporting our staff teams in their own growth, learning and collaboration. Our consultants are appreciated for honouring the importance of teams and ensuring that everyone at the table has a voice. They believe in being an equal member of the team and sharing in our successes and disappointments.

Thank you to all our Consultants for the knowledge you bring, your commitment to providing service and your efforts in making a difference one client at a time.

## Griffin Centre's Annual Fundraising

Griffin Centre's annual fundraising events raise money to support the individuals and families we serve. Funds support the development of programs and services. Events like these can only be successful with the generous support of our sponsors, donors, guests and volunteers. Thank you for your continued support and for joining our efforts in delivering services that enhance lives and communities. We couldn't have done it without you!



## 2019 EMBODY Yoga

Griffin Centre annual EMBODY YOGA event, a family friendly yoga fundraiser accessible to all individuals.

Money raised supports Griffin Centre programs and services for youth and adults with complex mental health challenges and/or developmental disabilities. We thank all sponsors, donors, participants, staff and volunteers for making EMBODY YOGA a great success!

THANK YOU to everyone who foined us for EMBODY YOGA 2019 and raised funds for Griffin Centre's programs and services.

Participants enjoyed a 40 minute session of relaxing stretches and breathing exercises with Shanon and a 40 minute laughter yoga session with Salimah.









#### **PLATINUM SPONSOR**



#### **GOLD SPONSORS**







#### SILVER SPONSOR



#### **BREAKFAST SPONSOR**



#### CONTRIBUTORS OF PRODUCTS & SERVICES

KIDS AREA SPONSOR





#### INCENTIVE SPONSORS





#### OTHER CONTRIBUTORS

























## Annual Holiday Campaign 2019





#### Thank You For Your Support!

Your donation has helped youth who are trying to live independently in the community, single parents, newcomers and low income individuals with mental health needs who do not have access to affordable, nutritious meals.

Griffin Centre's EVERYBODY COUNTS Holiday Campaign raises money to provide food vouchers for clients and their families.

The holiday season is a difficult time for low income individuals with complex mental health needs. Most of these individuals and single-parent families do not have access to a sufficient quantity of affordable, nutritious meals.

By providing a warm, nutritious meal for the holidays, we are able to decrease the risks of mental health concerns and increase the overall well-being of the individuals.

At Griffin Centre 2222222222 WE HELP OVER 8,500 PEOPLE EACH YEAR to recognize their STRENGTHS, achieve their GOALS and MINDROVE their LIVES Without the ongoing commitment from our community, Griffin Centre would not be able to continue to deliver programs and services that enhance lives and communities. The following list of donors represents those who have set a leading example with their support. A warm thank you goes to each and every donor for their support and generosity.

#### Core Funding

Ministry of Children, Community and Social Services

Ministry of Health

## Foundations Grants & Third Party

Benjamin Foundation

CHUM Charitable Foundation

CIBC Children's Foundation

David JD Harris Foundation

Manocchio Family Campaign

Pallett Valo LLP

The Alex and Nelly Singer

Family Foundation

The BLG Foundation

#### Corporate Donors

CANSO Investment Counsel Ltd.

Cool Check

EXA Corp

Health Source Plus Inc.

InterAll Limited

Lax O'Sullivan Lisus Gottlieb LLP

LiUNA! LOCAL 183

Mother Mary Cleaning Service

PACE Consulting Benefits

& Penstions Ltd.

Seamless Care Pharmacy

Sun Life Financial

The Benefits Group

True North Imaging

Wholistic Child & Family

Services Inc.

wm+a

#### In Kind Donors

Ahmad Hijjawi Photography

Ballon Queen

Bryan College

Campione Party Rentals

Cazzotto Inc.

CNF

Coast to Coast Cleanning Supplies

eska

Gaiam

Impact DJ

Imperial Coffee Services

Keurig

Mastermind Toys

MERRITHEW™

Minami Productions

**MLSE** 

Modo Yoga

Moksha Yoga Etobicoke

Pacific Foods

Paintlounge

Panago Pizza

Pizza Pizza

S2 Event

Sandra's Italian Kitchen

Skyzone

Steam Whistle

Sudipta Sarker

The Big Carrot

The Keg

The Old Spaghetti Factory

thinkCOMPASS

Toronto Flower Company

**UGOT ACTIVE KIDS** 

Van Houtte Coffee Services

VIA Rail

Woodbine Entertainment

YogaVision

## 2018 Financial Summary

#### **BALANCE SHEET**

ASSETS	2018	2017
Cash and Current Assets	5,571,936	3,845,640
Capital Assets	4,140,912	4,223,775
	9,712,848	8,069,415
LIABILITIES	2018	2017
Accounts Payable and Accrued Liabilities	3,951,957	2,313,249
Defered Revenue	1,169,210	1,206,255
Mortgages Payable	334,150	345,089
	5,455,317	3,964,593
FUND BALANCES	2018	2017
Capital Assets	2,637,553	2,672,432
Externally Designated	363,816	346,421
Internally Designated	1,976,634	1,792,617
UDSS Special Purpose Fund	50,000	50,000
Unrestricted / Operations	(770,472)	(756,648)
	4,257,531	4,104,822
	9,712,848	8,069,415

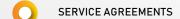
#### STATEMENT OF REVENUE AND EXPENDITURES

REVENUE	2018	2017
Ministry of Community & Social Services	18,282,287	15,773,326
Ministry of Health Partners	1,357,120	1,357,120
Service Agreements	717,182	1,026,625
Other - Donations, Innovations, Grants	894,032	1,237,189
	21,250,621	19,394,260
EXPENDITURES	2018	2017
Staffing Costs	12,114,363	12,276,297
Purchase of Services	6,994,643	5,066,553
Client needs	40,632	43,526
Office and Administration	649,752	699,456
Building	859,352	880,078
Amortization	413,086	405,736
Fundaising Expenses	26,084	34,547
	21,097,912	19,406,193
EXCESS OF REVENUE OVER EXPENDITURES	152,709	- 11,933

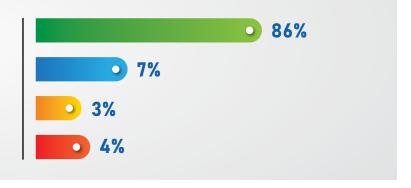












## Financial Summary 2019

#### **BALANCE SHEET**

ASSETS	2019	2018
ASSETS	2017	2010
Cash and Current Assets	5,952,549	5,571,936
Capital Assets	4,401,406	4,140,912
	10,353,955	9,712,848
LIABILITIES	2019	2018
Accounts Payable and Accrued Liabilities	3,924,029	3,951,957
Defered Revenue	1,132,165	1,169,210
Mortgages Payable	322,136	334,150
	5,378,330	5,455,317
FUND BALANCES	2019	2018
Capital Assets	2,947,107	2,637,553
Externally Designated	493,823	363,816
Internally Designated	2,138,069	1,976,634
UDSS Special Purpose Fund	50,000	50,000
Unrestricted / Operations	(653,374)	(770,472)
	4,975,625	4,257,531
	10,353,955	9,712,848

#### STATEMENT OF REVENUE AND EXPENDITURES

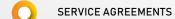
REVENUE	2019	2018
Ministry of Community & Social Services	17,793,637	18,282,287
Ministry of Health Partners	1,370,650	1,357,120
Service Agreements	537,162	717,182
Other - Donations, Innovations, Grants	1,253,483	894,032
	20,954,932	21,250,621
EXPENDITURES	2019	2018
Staffing Costs	12,367,733	12,114,363
Purchase of Services	5,829,769	6,994,643
Client needs	41,755	40,632
Office and Administration	620,538	649,752
Building	922,008	859,352
Amortization	446,650	413,086
Fundaising Expenses	8,385	26,084
	20,236,838	21,097,912
EXCESS OF REVENUE OVER EXPENDITURES	718,094	152,709

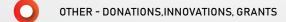


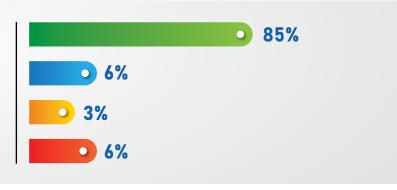












## 2020 Financial Summary

#### **BALANCE SHEET**

ASSETS	2020	2019
Cash and Current Assets	4,987,179	5,952,549
Capital Assets	4,431,874	4,401,406
	9,419,053	10,353,955
LIABILITIES	2020	2019
Accounts payable and accrued liabilities	2,826,728	3,924,029
Deferred Capital Contributions	1,095,120	1,132,165
Defered revenue	115,329	115,329
Mortgages payable	309,659	322,136
	4,346,836	5,493,659
FUND BALANCES	2020	2019
Capital Assets	3,027,097	2,947,107
Internally Designated	2,312,485	2,138,069
Unrestricted / Operations	(267,366)	(224,880)
	5,072,216	4,860,296
	9,419,052	10,353,955

#### STATEMENT OF REVENUE AND EXPENDITURES

REVENUE	2020	2019
Ministry of Community & Social Services	17,254,605	17,793,637
Ministry of Health Partners	1,281,900	1,370,650
Service Agreements	623,035	537,162
Other - Donations, Innovations, Grants	1,197,726	1,253,483
	20,357,266	20,954,932
EXPENDITURES	2020	2019
Staffing Costs	12,560,402	12,367,733
Purchase of Services	5,410,304	5,829,769
Client needs	48,317	41,755
Office and Administration	588,403	620,538
Building	1,111,805	922,008
Amortization	414,533	446,650
Fundaising Expenses	11,581	8,385
	20,145,345	20,236,838
EXCESS OF REVENUE OVER EXPENDITURES	211,921	718,094

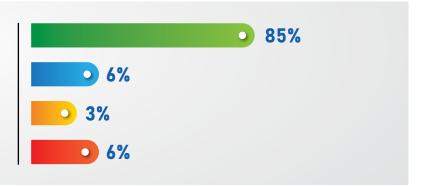












## Board of Directors 2018

Erin Boudreau (Chair)

Damien Liddle (Vice Chair)

Andrej Titan
(Treasurer/Secretary)

Raza Husain (Past Chair - Ex-Officio)

**Bob Noftall** 

Cathy Zheng

Christopher Pruneda

Janie Ryan

Lindsay Gladkowski

Bill Schultz

## Senior Management Team 2019

Barbara Macdonald, Chief Executive Officer

Deanna Dannell, Chief Operating Officer

Catia Valenti Mishaiel, Director, Fundraising & Development

**Debbie Carwana,**Director, Quality Assurance & Program Evaluation

Kathi Duncan, Director, Human Resources

Ken Edwards, Director, Finance, Facilities & Information Technology

**Barbara Hanssmann,**Director, Youth & Family
Support Services

**Cynthia Cabrera,** Director, Transitional Support Services (Adult)

Nadine Rubie Director, Community Connections

Rachael Brubacher, Director, Residential Support Services

Tony Stewart,
Director, Day School Support
Services (Youth), Equitable
& Inclusive Practices

**William Gapen,** Director, Partnership Development & Education 23

## Did You Know?

#### **FACTS ABOUT GRIFFIN CENTRE**



GRIFFIN CENTRE has over formal partnerships



In 45 years Griffin Centre has only had

223 CEOS

1975 to 1989 Lynn Eakin

1989 to 2014 Laurie Dart

2014 to 2020
Barb Macdonald



HAPPY RETIREMENT BARB

As CEO. Barb's insight and leadership made Griffin Centre one of the top respected and leading agencies in Toronto. She built the organization over the years so it could deliver creative and innovative programs to a wide range of clients in need of mental health and developmental services. Staff and the Board respected her knowledge, leadership and ability to have the Griffin Centre's voice heard in so many places.

Her dedication and firm commitment to putting clients first always ensured that staff went a bit farther and worked a bit harder for clients and families. Barb embodied the phrase, "EVERYBODY COUNTS" and not just with clients and their families but with staff, donors, volunteers, agency partners and the community.

Barb taught us about "INSPIRE", a small but powerful word. She reminded us all to inspire others and to be inspired by others. It is a word that encourages each of us to be our best always.

Thank you for inspiring us. We wish you all the very best in this next chapter of your journey. Thank you Barb for 28 wonderful years, we will miss you!



We are excited to announce that as of April 1, 2020, Griffin Centre officially joined with three other Toronto agencies (Adventure Place, The Etobicoke Children's Centre and Skylark Children, Youth and Families) to create one integrated continuum of care and expertise. Our new name going forward is Lumenus Community Services.

We welcome Lydia Sai-Chew as the new Chief Executive Officer of Lumenus Community Services, formerly CEO at Skylark Children, Youth and Families.

The vision of **Lumenus Community Services** is to provide excellent, accessible and integrated mental health, developmental and community services. Where there are gaps we will create seamless connections – where there are obstacles or barriers, we will improve access. Where there is worry, there will be hope. We will do this in collaboration with our clients and partners. That is the bright future of Lumenus – where every client has the opportunity to be seen, be herd and to be well.

For more information visit us at lumenus.ca or email info@lumenus.ca.



#### lumenus

Mental Health, Developmental & Community Services
Infants | Children | Youth | Individuals | Families

be seen, be heard, be well.





#### Griffin Centre Mental Health Services

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contact@griffincentre.org

#### griffincentre.org

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